Cape Cod Summer Symposia 2017

The 34th Annual Cape Cod Summer Symposia provides psychologists, social workers, psychiatrists, primary care physicians, counselors, nurses and allied mental health professionals with an outstanding opportunity to combine a stimulating symposium with a relaxing, sunny summer vacation. Distinguished faculty, each a leader in their field will present 6 different week-long symposia.

Cape Cod

Cape Cod is a sea-swept peninsula that juts 70 miles into the Atlantic. With its 300 miles of sandy beaches and dunes, the Cape provides an enchantment unparalleled in North America. Its natural beauty has attracted visitors to its shores for generations.

New England Educational Institute

New England Educational Institute is the sponsor of the 34th Annual Cape Cod Summer Symposia. New England Educational Institute is a non-profit organization established to provide advanced educational programs. These outstanding educational symposia are designed to meet the theoretical and practical needs of mental health professionals.

Traveling to the Cape

Cape Cod is a very popular destination in the summer. The most convenient airports to use are Logan International Airport in Boston, MA or T.F. Green Airport in Providence, RI. Both are a two-hour drive to Cape Cod. Direct flights to the Cape are available from Boston, N.Y. and Providence. A car is necessary to enjoy the activities and explore the beauty of the Cape.
## Cape Cod 2017 Faculty & Programs

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### Location & Schedule

- **Registration:** Monday at 8:00 a.m.
- **Day/Time:** Monday through Friday, 9:00 a.m. to 12:15 p.m.
- **Continental breakfast served daily.**
- **Location:** Four Points by Sheraton, 3800 State Highway, Eastham, MA 02642, 508-255-5000

### Symposia Information

New England Educational Institute  
449 Pittsfield Rd., Ste. 201, Lenox, MA 01240  
Phone: 413-499-1489 x1 • Fax: 413-499-6584  
Web: www.neei.org • Email: learn@neei.org  
Robert C. Guerette, M.D., Symposia Director
Resilience Across the Lifespan: Strength-Based Strategies To Nurture Balance, Self-Discipline, and Hope in Ourselves and Others

ROBERT BROOKS

Robert Brooks, Ph.D., is on the part-time faculty of Harvard Medical School and has served as Director of Psychology at McLean Hospital. Dr. Brooks’ work in the areas of hope, motivation, self-discipline, and resilience is represented in numerous articles and book chapters he has written, in a videotape and educational guide he prepared for PBS, in many of the 16 books he has authored or co-authored including, Raising Resilient Children; Raising a Self-Disciplined Child; The Power of Resilience: Achieving Balance, Confidence, and Personal Strength in Your Life; and The Charismatic Advisor: Becoming a Source of Strength in the Lives of Your Clients.

The interventions developed by Dr. Brooks for both children and adults are guided by a framework that emphasizes hope, personal control, motivation, self-discipline, stress hardiness, and resilience and can be applied to a variety of settings including outpatient therapy, schools, homes, inpatient and residential programs, and the workplace. For his exceptional teaching skills, Dr. Brooks was awarded the prestigious NEEI Mental Health Educator of the Year award in 2002.

SYMPOSIUM DESCRIPTION

As professionals, we must manage our own feelings of stress and burnout as we attempt to bring meaning to our lives and the lives of others. In this symposium, Dr. Brooks will describe interventions rooted in a strength-based framework for nurturing a “resilient mindset”, including the attributes of self-dignity, responsibility, compassion, and hope for both patients and professionals.

Symposium participants will learn: techniques for enhancing empathy and our own “stress hardiness”; the components of motivation and a “resilient mindset”; the importance of identifying and reinforcing “islands of competence”; how to change “negative scripts” and “negative mindsets” and how to promote change in oneself and others. Dr. Brooks will elaborate on many strategies with case examples for enhancing hope, motivation, self-discipline, and resilience.

SYMPOSIUM SCHEDULE

Monday  The power of mindsets/A description of different theories of mindset/The concept of resilience/The mindset of effective professionals/The belief that people can change

Tuesday  The importance of empathy/Exercises to promote empathy/Empathy and effective communication/The stories and metaphors of at-risk children and adults/The relevance of using our own childhood experiences to guide what we do today

Wednesday  Understanding and managing obstacles to empathy/Frameworks for creating “motivating environments”/Identifying and reinforcing “islands of competence”

Thursday  Developing “stress hardiness” and minimizing burnout/Assuming personal control and changing negative scripts/Connectedness and resilience/Actions contributing to contentment and happiness

Friday  The features of a resilient mindset/Strategies to nurture this mindset in ourselves and others
Mindfulness: An Educational Retreat

Ronald Siegel, Psy.D., is an Assistant Clinical Professor of Psychology at Harvard Medical School, where he has taught for over 30 years. He is a longtime student of mindfulness meditation and serves on the Board of Directors and faculty of the Institute for Meditation and Psychotherapy. He teaches internationally about mindfulness and psychotherapy, worked extensively with inner city children and families, and currently maintains a private clinical practice in Lincoln, Massachusetts. Dr. Siegel is co-author of the self-treatment guide, *Back Sense: A Revolutionary Approach to Halting the Cycle of Chronic Back Pain*, which integrates Western and Eastern approaches for treating chronic back pain; co-editor of the critically acclaimed text, *Mindfulness and Psychotherapy*, now in its 2nd edition; author of a book for general audiences, *The Mindfulness Solution: Everyday Practices for Everyday Problems*; co-editor of *Wisdom and Compassion in Psychotherapy: Deepening Mindfulness in Clinical Practice*, with a foreword by the Dalai Lama; and co-author of a new volume for clinicians, *Sitting Together: Essential Skills for Mindfulness-based Psychotherapy*. Dr. Siegel is known as a down to earth, engaging, and entertaining presenter whose workshops regularly receive rave reviews.

**SYMPOSIUM DESCRIPTION**

Clinicians are enthusiastically discovering that mindfulness practices can enlighten and enliven their lives, both inside and outside the therapy hour. These techniques hold great promise for personal development and as a powerful method to enhance virtually all forms of psychotherapy.

To incorporate mindfulness into our work and personal lives, we need an intellectual as well as an intuitive, visceral understanding of the practice. In this symposium, participants will develop a solid theoretical understanding of mindfulness from both the Buddhist and Western scientific perspectives. You will also receive instruction in mindfulness meditation and be given the opportunity for personal practice in a relaxed and supportive atmosphere.

Through lecture, demonstration, experiential exercise, and small group discussion, we will examine how mindfulness practice can enhance therapeutic presence and transform our understanding of the causes of psychological suffering across the diagnostic spectrum. Participants will learn when and how to introduce various mindfulness techniques to their clients or patients; how to utilize special techniques for treating anxiety, depression, chronic pain, stress-related medical disorders, and interpersonal conflicts; and how to creatively work with obstacles to mindfulness practice.

Optional periods of guided meditation practice will be offered Tuesday through Friday mornings and on Wednesday afternoon at no extra charge. While this course is suitable for seasoned mindfulness practitioners, no prior experience with meditation is required.

**SYMPOSIUM SCHEDULE**

- **Monday**  
  Life is difficult, for everyone/Mindfulness: What is it really?/Narcissism, relationships, and deconstructing the self

- **Tuesday**  
  Is mindfulness part of all good psychotherapy?/The meditating therapist: Bearing witness to pain/Happiness: Lessons from science and Buddhist psychology

- **Wednesday**  
  Mindfulness and compassion retreat (*with optional afternoon guided meditation*)

- **Thursday**  
  Tailoring the mindfulness technique to the client/Depression: Entering the dark places together/Mindfulness for parents and their children

- **Friday**  
  Befriending anxiety/Beyond symptom management: Treating stress-related disorders/Psychotherapy: What would Buddha do?
Becoming a Master Clinician: Diagnosis, Drugs, and Existential Psychotherapy

S. NASSIR GHAEMI

S. Nassir Ghaemi M.D., M.P.H., is Professor of Psychiatry at Tufts University School of Medicine, Director of the Mood Disorders Program at Tufts Medical Center and a Clinical Lecturer at Harvard Medical School. He is Founding Editor of the monthly newsletter, The Psychiatry Letter, and author of many books and scientific articles, including A First-Rate Madness, a New York Times Best Seller, The Rise and Fall of the Biopsychosocial Model, and A Clinician’s Guide to Statistics and Epidemiology in Mental Health. His main expertise is in depression and bipolar illness, psychopharmacology, and philosophy.

SYMPOSIUM DESCRIPTION

In this course, participants will learn advanced clinical approaches to diagnosing and differentiating clinical presentations of anxiety, depression, bipolar, and personality disorders. Differential diagnosis will be emphasized, and decision-making about treatment with medications and/or psychotherapies, and which specific ones, will be discussed in detail. The presentation will be very interactive, and consistently clinical and related to concrete cases. Emphasis will be placed on a little understood and used approach: the existential/humanistic methods of psychotherapy. The overall approach will be an integrated way of thinking about mental health practice that goes beyond simplicities of DSM definitions, FDA-indication based use of drugs and eclectic psychotherapies. A more integrative approach will be offered that is scientific without being reductionistic and humanistic without being vague.

SYMPOSIUM SCHEDULE

Monday Diagnosis: History, weakness and strength of DSM-based diagnosis/Scientific evidence and clinical utility of diagnoses beyond DSM restrictions, while still managing to function in an insurance and FDA environment that is based on DSM definitions

Tuesday Drugs: Common approaches to drug treatment of anxiety, mood, and personality/Scientific evidence for less use of medications, and more judicious choice of medications/How to manage the influence of the pharmaceutical industry and pressures from patients to make decisions about medications ethically and scientifically

Wednesday Existential Psychotherapy: The existential approach to psychotherapies will be explored in detail in the work of Karl Jaspers, Rollo May, Viktor Frankl and others/The relationship of this approach to psychoanalytic and other psychotherapies will be examined

Thursday Advanced discussion of psychotherapies and clinical case discussion: Further discussion of the existential/humanistic approach to psychotherapy, with special emphasis on the work of Harvard psychiatrist Leston Havens/Advanced clinical case discussion about different approaches to psychotherapies of anxiety, mood, and personality

Friday Advanced discussion of concepts of mental health: This discussion will critique both reductionistic approaches (biological or psychological) as well as eclectic approaches (e.g., the biopsychosocial model)/The goal is to help participants think self-critically about their basic assumptions about mental health and mental illness
Emotion Regulation Skills and Mindfulness: Integrating DBT Skills into Clinical Practice

Marsha Linehan, Ph.D., Roshi, is Professor of Psychology and of Psychiatry and Behavioral Sciences at the University of Washington and Director of the Behavioral Research and Therapy Clinics. She is past president of both the Society of Clinical Psychology and the Association for the Advancement of Behavior Therapy. Dr. Linehan is a confirmed Zen master and she has translated aspects of both Zen and contemplative practices into behaviorally specific instructions for mindfulness practice that can be taught to clients in psychotherapy.

Dr. Linehan’s clinical research and writing focus on the development of effective models for transferring efficacious treatments from the research academy to the clinical community. This treatment combines the technology of change derived from behavioral therapies with radical acceptance, or “technology of acceptance”, derived from eastern Zen practices and western contemplative spirituality. The practice of mindfulness, willingness, and radical acceptance is an important part of her approach.

Dr. Linehan has written two newly revised DBT Skills books, Cognitive-Behavioral Treatment for Borderline Personality Disorder, Dialectical Behavior Therapy with Suicidal Adolescents with Alec Miller and Jill Rathus, and co-edited Mindfulness and Acceptance: Expanding the Cognitive-Behavioral Tradition.

Kathryn Korslund, Ph.D., ABPP is a Research Scientist in the Department of Psychology at the University of Washington and is the Associate Director of the Behavioral Research and Therapy Clinics. She is an expert DBT therapist, consultant and trainer and has assisted Dr. Linehan with workshops on DBT for the past 15 years.

SYMPOSIUM DESCRIPTION

The need for emotion regulation skills is universal. Adults and adolescents entering psychotherapy are often emotionally intense and labile — frequently angry, intensely frustrated, depressed, sad, or anxious. Difficulties in regulating painful emotions are often a central component of many different behavioral disorders. Instruction and coaching in emotion regulation skills is often necessary in psychotherapy, no matter what the approach and no matter what the presenting problem. Successful application of emotion regulation skills requires the ability to be present moment focused.

This symposium combines DBT emotion regulation skills with the core skills of mindfulness. The course is open to both DBT and non-DBT therapists, focusing on how to integrate these skills into clinical practice within any treatment orientation. Instruction will include use of the DBT skills handouts and worksheets (selected ones of which participants will be expected to bring to the symposium) described in the revised DBT Skills Training Manual and in the DBT Skills Training Handouts and Worksheets, and will focus on how to teach concepts to clients as well as how to choose which of the many skills to teach. The symposium will include lecture, clinical examples relevant to adolescent and adult populations, teaching stories, exercises and experiential practice.

SYMPOSIUM SCHEDULE

- **Monday**  
  Core skills: The “Whats” and “Hows” of Mindfulness
- **Tuesday**  
  Observing and describing emotions: A systems model of emotions and emotion regulation
- **Wednesday**  
  Changing emotional problem situations: Problem solving, putting problem solving and opposite action together
- **Thursday**  
  Changing emotional problem situations by reducing vulnerability to negative emotions vulnerability: ABC PLEASE Skills
- **Friday**  
  Accepting situations you cannot change: Mindfulness of current emotions
Clinical Psychopharmacology: Overview and Recent Advances

ROSS BALDESSARINI

Ross Baldessarini, M.D., is Professor of Psychiatry and in Neuroscience at Harvard Medical School and Director Emeritus of the Psychopharmacology Program and Director of the International Consortium for Psychotic and Bipolar Disorders at McLean Hospital. Dr. Baldessarini is known for his research and teaching in psychopharmacology and general psychiatry. He is the author of over 2,200 scientific papers and several books, including Chemotherapy in Psychiatry: Principles and Practice, 3rd edition (2013), and for many years the chapters on psychopharmacology in the standard textbook of pharmacology, Goodman & Gilman’s The Pharmacological Basis of Therapeutics. He has served on many editorial boards, including that of the American Journal of Psychiatry and JAMA Psychiatry. For his exceptional teaching skills, Dr. Baldessarini was awarded the first prestigious NEEI Mental Health Educator of the Year award.

SYMPOSIUM DESCRIPTION

Dr. Baldessarini’s symposium will review the current status of psychotropic drug treatment of psychotic and major mood disorders, with an emphasis on the research base on which sound clinical practice rests. Participants will learn an integration of research findings and relate these to principles of informed clinical decision-making so as to enhance treatment effectiveness and safety. Participants will learn an updated view of the chemical nature of agents in each class, their major actions, and disposition, short- and long-term clinical treatment, including applications in pediatric and geriatric practice, risks of adverse effects, and emerging advances in new and experimental treatments.

SYMPOSIUM SCHEDULE

Monday
Introduction to psychopharmacology: History and current trends/
Introduction to antipsychotic agents: Their neurobiological action mechanisms and pharmacokinetics/Clinical indications for antipsychotic drugs/Questions and discussion

Tuesday
Short-term management of treatment and dosing of antipsychotics/
Comparative efficacy among antipsychotic drugs/Long-term indications, effectiveness and risks of antipsychotics/Questions and discussion

Wednesday
Mood-stabilizing agents: Lithium, anticonvulsants, antipsychotics, and others/
Short-term management of acute manic-depressive phases of bipolar disorder/
Long-term prophylaxis for bipolar disorder/Assessment and management of adverse effects of mood-stabilizers/Questions and discussion

Thursday
First- and second-generation antidepressants/Their neurobiological action mechanisms/Pharmacokinetics and blood levels/Clinical indications for antidepressants in mood, anxiety, and other disorders/Short-term efficacy and long-term effectiveness of antidepressant treatment/Adverse effects of antidepressants/Questions and discussion

Friday
Pharmacology of suicide and other mortality in psychiatric patients/Enhancing long-term treatment-adherence through a “consumer’s” perspective/Integration of pharmacotherapy with comprehensive care of patients/Open discussion
Donald Meichenbaum, Ph.D., is Distinguished Professor Emeritus, University of Waterloo, Ontario, Canada and Research Director of the Melissa Institute for Violence Prevention and Treatment of Victims of Violence, Miami (www.melissainstitute.org). He is one of the founders of cognitive behavior therapy and in a survey of clinicians, he was voted “one of the ten most influential psychotherapists of the 20th century.” He has received a Lifetime Achievement award from the Clinical Division of the American Psychological Association.

Dr. Meichenbaum’s presentation is based on his wealth of experience working with, and training psychotherapists who treat abused children, adolescents and adults who have been victims of interpersonal violence (sexual abuse, domestic violence, torture, bullying and combat). His recent book *Roadmap to Resilience* offers specific examples of ways to bolster patient’s resilience (www.roadmaptoresilience.com).

**SYMPOSIUM DESCRIPTION**

The focus of this ADVANCED WORKSHOP will provide practical interventions and resources that you can use right away to help bolster resilience in your abused child, adolescent and adult patients who have experienced various cumulative forms of family and community violence. Dr. Meichenbaum will provide a Case Conceptualization Model of risk and protective factors that explain the high incidence of resilience in survivors of interpersonal violence and consider the implications for conducting treatment. He will provide a strengths-based Constructive Narrative treatment approach and demonstrate ways to implement the Core Tasks of psychotherapy that can be employed in a life-span manner to “high-risk” children, adolescents and adults. How to implement evidence-based integrative interventions for patients with co-occurring disorders such as PTSD, substance abuse disorders, prolong and complicated grief disorders and moral injuries will be discussed. Specific populations to be considered include victims of sexual abuse, victims of family, school and community violence, and returning soldiers. Attendees will receive a comprehensive “TO DO” list designed to facilitate their level of “expertise”.

**SYMPOSIUM SCHEDULE**

**Monday**
- The incidence and neuro-biological and psycho-social impact of interpersonal violence/A Case Conceptualization Model/HOW TO address issues of safety; establish and maintain a therapeutic alliance; use patient-informed feedback; conduct risk assessments/Motivational interviewing/Collaborative goal-setting and psycho-education/Critique of alternative evidence-based treatment approaches

**Tuesday**
- How to conduct exposure-based interventions and adaptive disclosure procedures/ Skills-training and generalization guidelines/Integrative interventions for patients with co-occurring disorders/How to integrate spirituality and psychotherapy as a way to bolster patient resilience

**Wednesday**
- Incidence and impact of victimization in “high-risk” children and their families/ How to conduct TF-CBT and cognitive behavior play therapy/Treatment of victims of child sexual abuse/Ways to bolster resilience in children and their families/Role of schools and principals

**Thursday**
- Incidence and impact of interpersonal violence in adolescents/Suicide risk assessment and interventions/Implementing the Core Tasks of treatment with adolescents/Trauma-informed treatment with victims of human trafficking/Bolstering resilience in LGBTQ youth

**Friday**
- Family-based and community-based resilience-engendering interventions “It takes a village”/How to help the helpers

**DONALD MEICHENBAUM**

_Treating Victims of Interpersonal Violence: Practical Ways To Bolster Resilience Across the Life-Span_
Accommodations

The host property for NEEI’s 2017 Summer Symposia is the FOUR POINTS BY SHERATON EASTHAM. Located just 2 miles from the National Seashore, the Four Points Eastham offers comfort in a beautiful Cape Cod setting. All guest rooms feature 42” flat-panel televisions, refrigerators and free high-speed internet access. Guests can enjoy a large indoor heated pool, fitness center, outdoor pool, tennis courts and much more! Special rates for symposia participants start at $269 per night. Symposia rates are available Sunday through Thursday and apply to standard rooms and are based on double occupancy. As there are a limited amount of rooms at these special rates, we strongly recommend that you call the hotel directly as soon as possible to ensure accommodations. Also available are two-bedroom apartment-sized suites - ideal for families!

3800 State Highway, Eastham, MA 02642 • Phone: 508-255-5000 • www.fourpointseasthamcapecod.com

The OCEAN PARK INN is conveniently located right next door to the Four Points by Sheraton. Amenities include a picnic area, outdoor pool, laundry facilities and free wi-fi. All rooms feature 32” flat-panel televisions and refrigerators. Also included is complimentary unlimited access to all amenities at the Four Points by Sheraton. Special rates for symposia participants start at $169 per night. Symposia rates are available Sunday through Thursday and apply to standard rooms and are based on double occupancy.

3900 State Highway, Eastham, MA 02642 • Phone: 508-255-1132 • Book online at www.capecodopi.com and enter access code: NEEI

The COTTAGE GROVE is located just 1.5 miles from the Cape Cod National Seashore. Cottage Grove is a classic Cape Cod experience with nine Upscale 1930's cottages, uniquely updated with contemporary comforts and amenities.

On-site Management • Studio to 2BR • Pet-Friendly • WiFi enabled
P.O. Box 821, 1975 Route 6, Eastham, MA 02642 • 877-521-5522 or 508-255-0500 (outside U.S.) • www.grovecape.com

BHHS CAPE SHORES REAL ESTATE is offering weekly and seasonal rentals in over 150 properties, mostly in Eastham and Wellfleet. Prices start at $550 per week for homes and cottages with one to seven bedrooms. Properties, with pictures and amenities, are displayed on our user-friendly website, with rates and availability calendars to help you plan. Open 7 days a week to better serve you!
PO Box 2141, (282 Main St) Wellfleet, MA 02667 • Rentals or sales at 888-349-2159 • rentals@capeshores.com • www.capeshores.com

Continuing Education Credit

Psychologists: New England Educational Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. New England Educational Institute maintains responsibility for this program and its content. Each symposium is offered for 15 hours of credit.

Social Workers: Application has been made to the Collaborative of NASW and the Boston College and Simmons Schools of Social Work for 15 Social Work Continuing Education hours for relicensure, in accordance with 258 CMR. New England Educational Institute SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers # 0126. Each program is offered for 16.25 contact hours with the exception of the program on Clinical Psychopharmacology.

Physicians: The New England Educational Institute designates each of these live activities for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. The New England Educational Institute is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Nurses: Credit for these courses meets the requirements for 15 ANCC category one continuing education hours, as NEEI is accredited by the ACCME to provide continuing medical education for physicians. These programs meet the requirements for 18 contact hours for nurses, as specified by the Massachusetts Board of Registration in Nursing-244 CMR 5.04.

Counselors: New England Educational Institute is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. Approved Provider # 5478. Each symposium is offered for 15 clock hours.

Family Therapists: Application has been made to FDA/CE Certifications and the Massachusetts Association for Marriage and Family Therapy, Inc. for 15 hours of professional continuing education for each symposium.

Physician Assistants: Credit for these courses meets the requirements for 15 AAPA category one continuing education hours, as NEEI is accredited by the ACCME to provide continuing medical education for physicians.

Educators: Certificates will be awarded reflecting 15 Professional Development Points for each symposium attended. NEEI is a registered Professional Development Provider with the Massachusetts Department of Education.

These approvals may qualify these courses for credit from additional licensing boards not listed above. Please contact your board to confirm eligibility.

It is the policy of New England Educational Institute to disclose commercial support and whatever relevant financial relationships the content planners or presenters may have with any commercial interest that produces, markets, re-sells, or distributes health care goods or services related to the subject matter being presented that are consumed by, or used on, patients. Such disclosure will be made available on the day of the program.

New England Educational Institute is not responsible for any presenter's or participant's statements, acts, materials, or omissions. The use of recording equipment, beepers, and cell phones is not permitted. Symposium presenter, content, location, and date are subject to change without notice in case of circumstances beyond our control. Children, unregistered guests and pets are not permitted in the meeting rooms.
Registrations received by March 31, 2017

Individual
Additional symposia for same individual
Groups (3 or more)•

Tuition

$549
$449
$495

Registrations received after March 31, 2017

$599
$499
$545

Fee is per person. To qualify for the group rate, all registration forms and fees must be received at the same time.

Confirmation will be sent upon receipt of payment and completed registration form.

Refund requests must be made in writing and received at least 15 days prior to the beginning of the symposium. No refunds will be made thereafter. There is a $75 service charge for each symposium cancelled.

If you require special accommodations due to a disability, please contact our office at least two weeks prior to the symposium, so that we may provide you with appropriate service.

Please check below the symposium(a) you wish to attend.

July 17 - 21
1 ❑ Robert Brooks
2 ❑ Ronald Siegel

July 24 - 28
3 ❑ S. Nassir Ghaemi
4 ❑ Marsha Linehan

July 31 - August 4
5 ❑ Ross Baldessarini
6 ❑ Donald Meichenbaum
34th Annual Cape Cod
Summer Symposia Faculty

Ross Baldessarini • Robert Brooks
S. Nassir Ghaemi • Marsha Linehan
Donald Meichenbaum • Ronald Siegel